

STAFF INFORMATION SHEET

JUNE 2017

RESTRICTIVE INTERVENTIONS

Policies & Procedures

NWRSS adheres to Disability Services' – [Restrictive Interventions in Services for People with Disability Guidelines](#)

The policy Restrictive Interventions is located under Policies & Procedures on our website – www.nwrss.org.au

What is a restrictive intervention?

- The withdrawal of a person's rights
- Secluding a person in a room or place so that they cannot leave if they want to
- Using medicine to control a person's behaviour
- Mechanically restraining a person in a device to control behaviour
- Physically using hands or body to lessen the person's ability to move
- Controlling the environment so a person cannot get what they want

What is the main rule?

Restrictive Interventions can only be used if they have been approved by the Secretary of DHHS and if they form part of a Behaviour Support Plan written by a behavioural specialist.

The following flowchart gives you the steps to take if you are contemplating or seeing a restrictive intervention or think one is needed:

Action Flow Chart for Reporting and Dealing with Restrictive Interventions

If you think you are seeing a restrictive intervention.

1. Have you read and understood NWRSS' policy on Restrictive Interventions?
Do you need to discuss this with someone to make sure your understanding is correct?

2. If you think you are seeing a restrictive practice, check with the Direct Service Coordinator to see if it is authorised and has a protocol to follow

3. If it is authorised, follow the protocols

4. If it is not authorised, the Direct Service Coordinator will investigate the situation

If you are seeing a situation where you think a restrictive practice is needed

1. Discuss the situation with the Direct Service Coordinator

2. The Direct Service Coordinator will explain why one is not needed or ways of working that won't require one

3. If one is needed the Direct Service Coordinator will consult with the Operations Manager who manages Restrictive Interventions. An application for permission will be submitted, protocols will be developed and an introduction for the support team planned